



Improving quality of life, discovering effective new treatments and the search for a dementia cure all depend on research.



What type of studies could I take part in?

StepUp for Dementia Research supports researchers across the spectrum of dementia studies, from improving treatment to how to provide the best care.

Because we work across the breadth of dementia research, our volunteers can take part in a wide variety of studies including:

- Surveys about what works in improving quality of life for people with dementia and their carers
- Longitudinal follow-up studies for people who do not have dementia, but may be at risk based on family history, genetic testing or brain imaging
- Intervention studies, where a behavioural change such as diet, socialising or exercise is introduced and research is conducted on whether this improves outcomes
- Drug and clinical trials to determine the effectiveness of certain treatments
- Genetic and brain imaging studies to identify risk factors, biomarkers and possible drug targets for dementia



www.stepupfordementiaresearch.org.au



A dementia breakthrough, powered by you



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☎ 1800-7837-123

Welcome to StepUp for Dementia Research

StepUp for Dementia Research is a research participation and engagement service for people interested in participating in dementia research within Australia.

It's free, and anyone aged 18 and over can sign up. If you match with the criteria for one of the studies registered with the service, we'll connect you with a researcher to find out more about participating in their study.

Facing the challenge of treating and beating dementia can feel overwhelming and it's easy to assume that you are powerless to help. But nothing could be further from the truth. By supporting Australia's brightest research minds, you become part of a community working together to improve diagnosis and treatment today, to power a breakthrough tomorrow.

If you take part in a study, you will know you are contributing to future insights into dementia and its causes, as well as early diagnosis, better treatment, and quality of care. You may get to meet other people who share your experience: who live with dementia themselves, are carers, or have family members with dementia. Or you may simply find the process an interesting and valuable way to spend your time.

Dementia is the second leading cause of death of Australians, and the leading cause of death among Australian women.

Why support Dementia Researchers?

In doctors' rooms and hospitals across Australia, 250 people are diagnosed with dementia each day.

This number is predicted to more than double by 2056, to 650 per day. Dementia is the second leading cause of death of Australians, and the leading cause of death among Australian women.

StepUp for Dementia Research is the first systematic way for dementia researchers to recruit participants in Australia and we need your help.

While the service is free to use, we understand that we are asking you to give your time. This valuable gift is one made to your own and future generations.

You are also helping accelerate the process of discovering more about dementia. For researchers, delays in finding the right people can result in studies taking longer to deliver, often requiring funding extensions. Insufficient study samples limit the effectiveness and scope of research – the difficulty researchers face when it comes to recruiting participants directly impacts their capacity for robust analysis and the generalisation of findings.

Contact us to find out more!

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How does it work?

Research studies are looking at the best ways to care for people living with dementia, at prevention, cure, diagnosis and methods of treatment.

StepUp for Dementia Research connects people who want to participate in dementia-related research with researchers looking to recruit participants for their studies.

Step 1

Register online or by phone/post

Our software matches participants who have the relevant characteristics (age, diagnosis etc), with researchers looking for those characteristics in their study participants.

Registration takes 5-15 minutes. It does not commit you to taking part in research. It is simply an indication that you might be interested in doing so in the future.

Step 2

Receive your info pack

After completing registration, you will receive general StepUp for Dementia Research information, details on how to update your information and what will happen next.

Step 3

Make a match

If the information you've provided indicates to a researcher that you'd be the right fit for their study, they'll then contact you to tell you a little more about the study. You can then decide your preferred next steps.